

# PROTEINS



## TRADITIONAL SEITAN

6×8oz  
packs/case      4.5"×5.5"×1.25"  
unit

Shelf Life:      SRP:  
84 days      \$5.99



**Ingredients:** Water, vital wheat gluten, soy sauce (water, soybeans, wheat, salt), whole wheat flour, garlic, sea salt, onion.

**Contains:** Wheat, Soy.



## GROUND SEITAN

6×8oz  
packs/case      4.5"×5.5"×1.25"  
unit

Shelf Life:      SRP:  
84 days      \$5.99



**Ingredients:** Water, vital wheat gluten, soy sauce (water, soybeans, wheat, salt), whole wheat flour, garlic, sea salt, onion, oregano, black pepper.

**Contains:** Wheat, Soy.



## CHORIZO SEITAN

6×8oz  
packs/case      4.5"×5.5"×1.25"  
unit

Shelf Life:      SRP:  
84 days      \$5.99



**Ingredients:** Water, vital wheat gluten, soy sauce (water, soybeans, wheat, salt), apple cider vinegar, garlic, guajillo, oregano, sea salt, onion, cumin, black pepper.

**Contains:** Wheat, Soy.



## ITALIAN SEITAN

6×8oz  
packs/case      4.5"×5.5"×1.25"  
unit

Shelf Life:      SRP:  
84 days      \$5.99



**Ingredients:** Water, vital wheat gluten, soy sauce (water, soybeans, wheat, salt), whole wheat flour, garlic, oregano, sea salt, onion, fennel, black pepper, red pepper.

**Contains:** Wheat, Soy.



## BACON SEITAN

6×5oz  
packs/case      4.5"×5.5"×1.25"  
unit

Shelf Life:      SRP:  
84 days      \$5.99



**Ingredients:** Water, vital wheat gluten, soy sauce (water, soybeans, wheat, salt), whole wheat flour, natural hickory smoke concentrate, paprika, sea salt, onion.

**Contains:** Wheat, Soy.



## UPDOG

6×10oz  
packs/case      6.5"×4.5"×1.1"  
unit

Shelf Life:      SRP:  
84 days      \$5.99



**Ingredients:** Water, vital wheat gluten, canola oil, wheat flour, apple cider vinegar, sea salt, paprika, onion, potassium chloride, spices, garlic, calcium alginate, natural hickory smoke concentrate, ground mustard, konjac, ground celery seed.

**Contains:** Wheat.

# JACKFRUIT & BANANA BLOSSOM



## ORIGINAL JACKFRUIT

|                           |                               |
|---------------------------|-------------------------------|
| 10 × 10.6oz<br>packs/case | 5.5" × 5.75" × 1.375"<br>unit |
|---------------------------|-------------------------------|

|                                         |                       |
|-----------------------------------------|-----------------------|
| Shelf Life:<br>24 months (SHELF STABLE) | SRP:<br>\$4.99-\$5.49 |
|-----------------------------------------|-----------------------|



**Ingredients:** Organic Jackfruit, water.



## BAR-B-QUE JACKFRUIT

|                           |                               |
|---------------------------|-------------------------------|
| 10 × 10.6oz<br>packs/case | 5.5" × 5.75" × 1.375"<br>unit |
|---------------------------|-------------------------------|

|                                         |                       |
|-----------------------------------------|-----------------------|
| Shelf Life:<br>24 months (SHELF STABLE) | SRP:<br>\$4.99-\$5.49 |
|-----------------------------------------|-----------------------|



**Ingredients:** Jackfruit\*, tomato paste\*, coconut vinegar\*, molasses\*, tamarind\*, water, onion\*, sugar\*, sea salt, garlic\*, chili powder\*, paprika\*, black pepper\*, natural smoke concentrate.  
**Contains:** Tree nuts (coconut).  
\*Organic ingredients



## CHILI LIME JACKFRUIT

|                           |                               |
|---------------------------|-------------------------------|
| 10 × 10.6oz<br>packs/case | 5.5" × 5.75" × 1.375"<br>unit |
|---------------------------|-------------------------------|

|                                         |                       |
|-----------------------------------------|-----------------------|
| Shelf Life:<br>24 months (SHELF STABLE) | SRP:<br>\$4.99-\$5.49 |
|-----------------------------------------|-----------------------|



**Ingredients:** Jackfruit\*, onion\*, coconut vinegar\*, chili\*, water, sugar\*, lime juice\*, sea salt, garlic\*, black pepper\*, cumin\*, coriander\*.  
**Contains:** Tree nuts (coconut).  
\*Organic ingredients



## BANANA BLOSSOM IN BRINE

|                       |                            |
|-----------------------|----------------------------|
| 6 × 7oz<br>packs/case | 7.8" × 5.1" × 1.4"<br>unit |
|-----------------------|----------------------------|

|                                         |                       |
|-----------------------------------------|-----------------------|
| Shelf Life:<br>24 months (SHELF STABLE) | SRP:<br>\$3.99-\$4.49 |
|-----------------------------------------|-----------------------|



**Ingredients:** Organic banana blossom, water, organic lime juice, sea salt.



## SHREDDED JACKFRUIT LIGHTLY SEASONED

|                       |                            |
|-----------------------|----------------------------|
| 6 × 7oz<br>packs/case | 7.8" × 5.1" × 1.4"<br>unit |
|-----------------------|----------------------------|

|                                         |                       |
|-----------------------------------------|-----------------------|
| Shelf Life:<br>24 months (SHELF STABLE) | SRP:<br>\$3.99-\$4.49 |
|-----------------------------------------|-----------------------|



**Ingredients:** Jackfruit, water, black pepper\*, onion\*, garlic\*, sea salt.  
\*Organic ingredients

# SOUPS



## CHICK & NOODLE SOUP

|                                         |                        |
|-----------------------------------------|------------------------|
| 8 × 14.5oz<br>packs/case                | 3" × 4.5" × 3"<br>unit |
| Shelf Life:<br>24 months (SHELF STABLE) | SRP:<br>\$3.99-\$4.49  |



**Ingredients:** Water, Chick Seitan (water, vital wheat gluten, chickpea flour, whole wheat flour, soy sauce [water, soybeans, wheat, salt], nutritional yeast, sea salt, garlic, onion), rotini pasta (wheat flour [enriched with iron {ferrous sulfate} and B vitamins {niacin, thiamine mononitrate, riboflavin, folic acid}]), carrot, onion, celery, mirepoix base (carrot, onion, and celery puree, salt, sugar, corn oil, potato flour, carrot powder), garlic, olive oil, carrot juice concentrate, salt, white pepper, thyme, rosemary, bay leaf.  
**Contains:** Wheat, Soy.



## ITALIAN WEDDING SOUP

|                                         |                        |
|-----------------------------------------|------------------------|
| 8 × 14.5oz<br>packs/case                | 3" × 4.5" × 3"<br>unit |
| Shelf Life:<br>24 months (SHELF STABLE) | SRP:<br>\$3.99-\$4.49  |



**Ingredients:** Water, spinach, Italian Seitan (water, vital wheat gluten, soy sauce [water, soybeans, wheat, salt], whole wheat flour, garlic, oregano, sea salt, onion, fennel, black pepper, red pepper), carrot, ditalini pasta (durum wheat semolina [niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid]), onion, celery, mirepoix base (carrot, onion, and celery puree, salt, sugar, corn oil, potato flour, carrot powder), garlic, olive oil, salt, thyme, white pepper, bay leaf.  
**Contains:** Wheat, Soy.



## CHICK TORTILLA SOUP

|                                         |                        |
|-----------------------------------------|------------------------|
| 8 × 14.5oz<br>packs/case                | 3" × 4.5" × 3"<br>unit |
| Shelf Life:<br>24 months (SHELF STABLE) | SRP:<br>\$3.99-\$4.49  |



**Ingredients:** Water, white corn, black beans, diced tomatoes, Chick Seitan (water, vital wheat gluten, chickpea flour, whole wheat flour, soy sauce [water, soybeans, wheat, salt], nutritional yeast, sea salt, garlic, onion), onion, cilantro, mirepoix base (carrot, onion, and celery puree, salt, sugar, corn oil, potato flour, carrot powder), olive oil, lime juice, corn flour, salt, chili pepper, ground cumin, paprika, garlic, black pepper.  
**Contains:** Wheat, Soy.



## CHICK & WILD RICE SOUP

|                                         |                        |
|-----------------------------------------|------------------------|
| 8 × 14oz<br>packs/case                  | 3" × 4.5" × 3"<br>unit |
| Shelf Life:<br>24 months (SHELF STABLE) | SRP:<br>\$3.99-\$4.49  |



**Ingredients:** Water, Chick Seitan (water, vital wheat gluten, chickpea flour, whole wheat flour, soy sauce [water, soybean, wheat, salt], nutritional yeast, sea salt, garlic, onion), wild rice, onion, carrot, mirepoix base (carrot, onion, and celery purees, salt, sugar, corn oil, potato flour, carrot powder), celery, garlic, olive oil, carrot juice concentrate, salt, white pepper, thyme, bay leaf, rosemary.  
**Contains:** Wheat, Soy.

# CH'EESY MAC



## CH'EESY MAC

|                                         |                        |
|-----------------------------------------|------------------------|
| 6 × 10.05oz<br>packs/case               | 5"×7.25"× 1.5"<br>unit |
| Shelf Life:<br>12 months (SHELF STABLE) | SRP:<br>\$5.99         |



**Ingredients:** Durum wheat semolina, nutritional yeast, rice bran oil, sea salt, cornstarch, mustard, onion, garlic, paprika, turmeric, sugar.

**Contains:** Wheat.